

The problem of adaptation of foreign students studying in Russian universities

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Abstract

© 2017. The goal of the article is to analyse scientific sources together with psychoeducational literature and articulate the concept of "adaptation", the specifics of sociocultural adaptation of foreign students, which should be taken into account within communication and studying. The article articulates the concepts of "adaptation" and "sociocultural adaptation" through analysis of psychoeducational literature. Main methods of adaptation of foreign students are discussed: psychological, social, ethnic. A conclusion is made that subjective and objective factors have significant influence on the adaptation of foreign students. Introduction of foreign students to academic groups with Russian students contributes to better acquisition of the established order of university, to comprehension and mastering of new cultural contexts and meanings together with values of new sociocultural environment. Active involvement of foreign students in teaching and educational process shapes the personality of a student as a full-grown member of society.

Keywords

Adaptation, Foreign student, Sociocultural adaptation

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